



Press Release

Owing to the growing concern with respect of loss of lives & property due to natural or human induced disasters around the globe. It has become pertinent to have awareness about learning some basic disaster management skills, not only to save one's own life but also to save life of others in this connection one-day workshop on **“Being Prepared to face Disasters”** was organised by govt. Degree college Sopore in collaboration with civil defence Baramullah on 10th May 2022 at College Auditorium. The programme was conducted under the patronage of Prof. (Dr.) Salma Ahad, Principal Govt. Degree College Sopore.

At the outset of the Programme, Sri Mohd Shafi, Dy. SP Civil defence Baramullah spoke at length about the importance of Disaster Preparedness in present Scenario. It was Followed by the demonstration of basic lifesaving skill training to students by Sri Javid Ahmad SDRF instructor. Various techniques like CPR (Cardio Pulmonary Resuscitation), Rope Lifting technique of carrying injured persons during rescue operations, fire extinguishing techniques, DE choking techniques were demonstrated during the course of event.

Proceedings of the event was moderated by Dr. Hilal Ahmad, Division Warden Civil Defence Baramullah and the vote of thanks presented by Prof. Suhail Abdullah Malik, Assistant Professor & Head Department of Environmental Sciences / Disaster Management.



**Media Secretary
Prof. Shamsul Din**