REPORT

Report on One day online programme on International Day against drug abuse and illicit trafficking organised by IQAC in Collaboration with College Women Development Cell conducted on 26.06.2020 at College Conference Hall.

- 1. One day online programme on International Day against drug abuse and illicit trafficking organised by IQAC in Collaboration with College Women Development Cell conducted on 26.06.2020 at College Conference Hall was conducted under the Chairmanship of Prof. Farooq Ahmad Malik worthy Principal.
- 2. Dr. Nusrat Aziz highlighted that drug abuse is also known as drug addiction and addiction is a chronic disease characterized by drug seeking and use that is compulsive, or difficult to control, despite harmful consequences and said that the initial decision to take drugs is voluntary for most people, but repeated drug use can lead to brain changes that challenge an addicted person's self-control and interfere with their ability to resist intense urges to take drugs. Also, these brain changes can be persistent, which is why drug addiction is considered a 'relapsing' disease and people in recovery from drug use disorders are at increased risk for returning to drug use even after years of not taking the drug.
- 3. Prof. Rouf Ali quoted that amidst the global pandemic of COVID-19, there is a growing sense of community and solidarity and protecting each other and ensuring health care for all. There is more public awareness on health, and protective measures for staying healthy, and most importantly, and on protecting each other. Each year the International Day against Drug Abuse and Illicit Trafficking is observed and the focus is on sharing research findings, evidence-based data and life-saving facts and said that on December 7, 1987, by resolution 42/112, the United Nations General Assembly decided to observe June 26 as the International Day against Drug Abuse and Illicit Trafficking. This day is observed in an effort to strengthen action and cooperation to achieve the goal of an international society free of drug abuse.
- 4. Prof. Tariq Ahmad Wani said that the main aim is to help raise awareness of the major problem that illicit drugs represent to society. This aims at combating misinformation and promotes sharing the facts on drugs and also to create awareness of evidence based prevention, health risks and the solutions available to tackle the world drug problem, treatment and care.
- 5. The vote of thanks was given by Dr. Zahoor Makhdoomi and thanked all the valued guest of honour present in the event.



Principal Govt. Degree College Sopore