



Program: Self Defence workshop by NSS.

Report: Motivated by several instances of violence against women in the city and as a part of awareness program, the NSS unit of GDC Sopore organised a “self defence workshop” on 18-04-2017 in order to prepare them to fight the menace and generate awareness among young girls to face challenges of society while keeping up their own safety.

The event was inaugurated by Principal GDC Sopore. He in his address motivated the girls to become self-dependent in every situation and place and highlighted the core point by saying “women are the important part of our society and it is our moral responsibility to treat them equally and respectfully”. He also said that he is glad that girls and women took interest and learnt new ways of self-defence through this workshop, which is going to be helpful for them in their safety, forever.

All the students and faculties shown their keen interest in the workshop and they were happy to learn the ways of self-defence.


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