



GOVT. DEGREE COLLEGE SOPORE-KASHMIR

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Trekking & Hiking Club PRESS RELEASE

7 Days / 6 Nights Trek to Tarsar - Marsar Lakes

The Trekking and Hiking Club of the Govt. Degree College Sopore conducted a 7days/6nights trekking expedition to 12500 ft high Tarsar-Marsar Lakes from Aru basecamp starting from 31st May 2016 till 6th June 2016. The 22-member trekking team included 19 students from the various departments of the college (11 boys and 8 girls), 01 faculty and 02 staff members. The club achieved an unprecedented feat by being the first trekking group from anywhere to open this year's Tarsar-Marsar trek to adventurers earlier than the normal schedule, which usually remains closed in so early in the summer and only opens by June 20th.

The 21-kilometer trek from Aru basecamp, which included moderate to high grades of climbs through alpine forests, river crossings, meadow walking, rock climbing and snow trekking, was completed in three phases, with important night stays at Aru, Lidderwat, Sikwas and Tarsar. Integral to the daily activities of this trekking expedition were the daily silent morning walks, bird watching, flower identifications, conversations with shepherds and nomads, book reading sessions around the camp fire, discussions among participants on issues related to ecological balance and responsible trekking, and meditations at water bodies and two friendly cricket matches at 12000ft with a birch bat and a stuffed sock ball.

