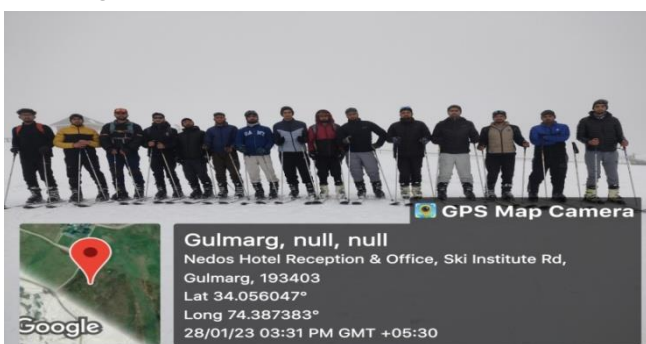
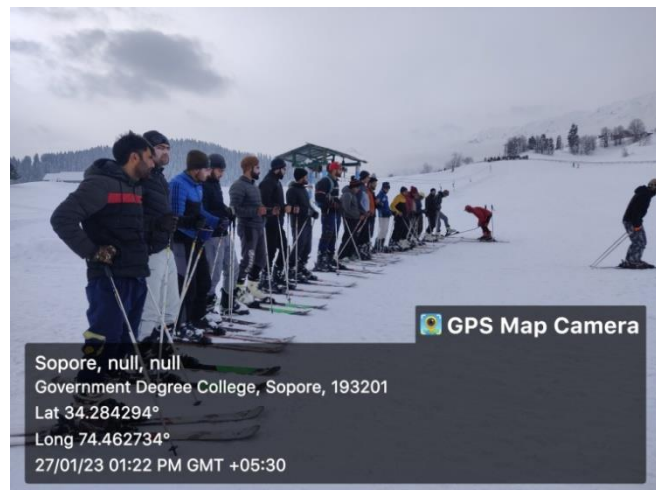




Dated:-03/02/2023

PRESS RELEASE

The Department of Physical Education & Sports Govt. Degree College Sopore organized Snow Skiing Course for Students under the able guidance of **Prof. (Dr.) Salma Ahad** Principal GDC Sopore from 27th of January 2023 to 2nd of February 2023 at world famous ski destination Gulmarg. The contingent was flagged off by worthy principal of the college in presence of other faculty members of the college. In this event, 15 students from various semesters of the host college participated & demonstrated exemplary performance during the entire course. Dr. Tahir Ramzan Bhat accompanied the students along with other ancillary staff of the college.



The course is designed to introduce students to the exciting world of skiing and provide them with the skills and knowledge needed to enjoy the sport safely. The course is led by certified instructors with extensive experience in skiing, and will cover everything from basic techniques to more advanced maneuvers. It will also provide students with the opportunity to get in shape and enjoy the beautiful winter scenery.



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The participating students demonstrated optimal inquisitiveness, discipline, and dedication during the course. The Snow Skiing experience was first of its kind for most of the students in the group who participated enthusiastically. Commenting on the experience, Arshid Hussain, a participant said, "The experience has increased my confidence not only about snow skiing but in many other ways. Such events provide us

with an opportunity to explore places that we are not able to do ordinarily and should be held more frequently." Other participants were also happy with the trip saying that the course helped us to build

positive relations and outlook towards hard situations. They described the experience as thrilling and unforgettable.





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In the Slalom skiing, Arshid Hussain from first Semester won the gold medal while Junaid Farooq and Showkat Ahmad from fifth Semester secured the silver and bronze medals, respectively. In the skiing Skill competition, Arshid Hussain from first semester won the gold medal while Showkat Ahmad from fifth semester and Musadiq Ahmad from first semester won the silver and bronze medals respectively.



The Department of youth Service and Sports provided all the logistics including professionally trained and skilled instructors who not only trained the participating students but also rendered all support and cooperation in the successful conduct of the event.

Dr. Tahir Ramzan Bhat, Physical Training Instructor extended heartfelt thanks to worthy Principal **Prof. (Dr.) Salma Ahad** for providing all the necessary help and support in planning and conducting of the aforementioned course.





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Dated:-03/02/2023

