



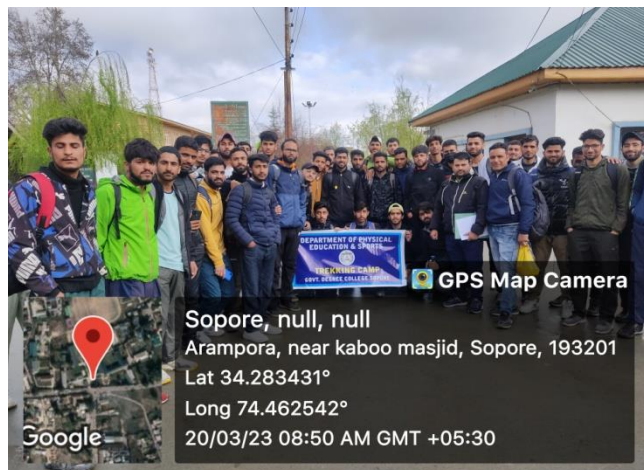
PRESS RELEASE

Subject:- One Day Trekking Camp under the ambit of India's G20 Presidency.

As part of the celebration of **India's G20 Presidency**, one day trekking camp was organized by the Department of Physical Education & Sports on 20th of March, 2023 under the able guidance of worthy Principal of the college **Prof. (Dr.) Salma Ahad**. About 40 students from various semesters participated in the programme besides 5 staff members.

The students were accompanied by Dr. Tahir Ramzan Bhat, Physical Training Instructor and Dr. Wahid Ahmad Sheikh, Assistant Professor Persian. Additionally, among the non teaching staff, Mr. Zaffar Ahmad Lone, LFE Mr. Nisar Ahmad Kumar, Driver Mr. Bilal Ahmad Ganie, LFE Provided Necessary assistance during the programme.

The camp aims at inculcating the spirit of adventure and develops camaraderie among the youth and rekindles their spirit to take part in physical activities. The camp was also aimed at bringing adventure tourism back on track.





The students did a light warm up and start a trek to shiva from Rampur-rajpur and were completed in 5 hours. The trek was concluding with cultural activities where students participated in singing competition, poetry competition and other such activities.



By evening all the students had safely reached their respective homes thus concluding the eventful and exciting in many ways the annual trekking programme of the college.

