



Government of Jammu & Kashmir

Office of the Principal

GOVT. DEGREE COLLEGE SOPORE-J&K

M.No. 9419039720

NAAC ACCREDITED GRADE "A"

Web: gdcopore.ac.in

Email: soporecollege@gmail.com

No: DCS/2023/_____



Dated: _____



February 27, 2024

Report

Nasha Mukht Bharat Abiyaan under the ambit of Viksit Bharat @2047 was celebrated on 27th February, 2024 at 11:00 am at Conference Hall organised by National Service Scheme (NSS), GDC Sopore under the patronage of worthy Principal Prof. Dr. Salma Ahad.

Prof. Sajad Ahmad NSS officers moderated the session and introduced the guest to the audience. Also he gave introduction of today's programme Nasha mukht Baharat Abiyaan .

With an objective to create sentience about the drug abuse and its harmful effects, a lecture on 'Drug Abuse' was delivered by Dr. Malik Roshan, HOD Psychology and she discussed about how the pressure of modern society and individualistic life creates a challenge for the youth across the globe to stay alert and cautious of falling in the drug addiction traps. Drug abuse affects the body and mind of the user and often many of those around him or her. Another speaker on the said occasion was Mrs. Uzma Qureshi social worker police drug deaddiction centre Baramulla who explained various drugs used by the addicts and the short-term and long-term effects of their usage, which may lead to health problems, harmful effects on the brain and genetic disorders. She touched upon various causes of addiction to drugs and emphasized that parents play a vital role in controlling their children, thus it was essential for them to be cautious. The session was very informative and interactive and revealed that patients coming in for treatment were introduced to drugs at a young age, below 15 years. This session helped them in understanding the various biological consequences of using Drugs on their mind, body and behaviours. The lecture was followed by a Q&A session. The talk was attended by the HoDs faculty members and NSS volunteers. The event was concluded by vote of thanks by Dr. Sana Shafi, HOD Environmental Science.

