



## REPORT

### CELEBRATION OF NAIONAL SPORTS DAY 2023 (21 to 29 August 2023)

In order to celebrate National Sports Day Department of Physical Education & Sports GDC Sopore under the able guidance of worthy Principal of the college **Prof. (Dr.) Salma Ahad** organized Intra-college Tug of War match among students on 26-08-2023 under the theme “SPORTS AS AN ENABLER FOR AN INCLUSIVE AND FIT SOCIETY”. The event aimed to promote physical fitness, teamwork, and sportsmanship among the faculty.

The contestant teams comprised of the Students from 5<sup>th</sup> and 6<sup>th</sup> Semester. Five sets were contested; it was a tough contest in which finally 6<sup>th</sup> semester emerged as winner. The event not only showcased the athletic prowess of the Students but also highlighted the importance of sports in holistic education. The match was witnessed by fellow students and staff, creating an atmosphere of camaraderie and excitement.

Dr. Tahir Ramzan Bhat, Physical Training Instructor, expressed his satisfaction with the level of participation and the overall conduct of the tournament. "Events like these

not only encourage healthy competition but also foster a sense of unity within the college”.





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The felicitation will be held on 29<sup>th</sup> of August 2023 and winners and runners-up will be felicitated with trophies and certificates. The winners expressed their gratitude for the opportunity to participate and compete in such a prestigious event.

